

## Localization of corticotropin-releasing factor immunoreactivity in the brain of the teleost *Sparus aurata*

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**Abstract.** The distribution of perikarya and fibers containing corticotropin-releasing factor (CRF) was studied in the brain of the teleost *Sparus aurata* by immunocytochemistry using the peroxidase-antiperoxidase method. Antisera against rat CRF, arginine vasotocin, and human adrenocorticotropin (ACTH) were used. Most CRF-immunoreactive neurons were located in the nucleus lateralis tuberis, but they were absent from the nucleus preopticus, which only contained arginine vasotocin neurons. Few CRF perikarya were identified in the nucleus preopticus periventricularis and in the mesencephalic tegmentum. A conspicuous bundle of immunoreactive fibers ran along the diencephalic floor and pituitary stalk to end near the cells of the hypophysial pars intermedia. No CRF was seen near the adeno-hypophysial rostral pars distalis. Our results suggest that, in *Sparus aurata*, CRF is a releasing factor for melanotropic cells. Its role as a releasing factor for ACTH is discussed.

**Key words:** Corticotropin-releasing factor – Immunocytochemistry – Gilthead sea bream, *Sparus aurata* (Teleostei)

### Introduction

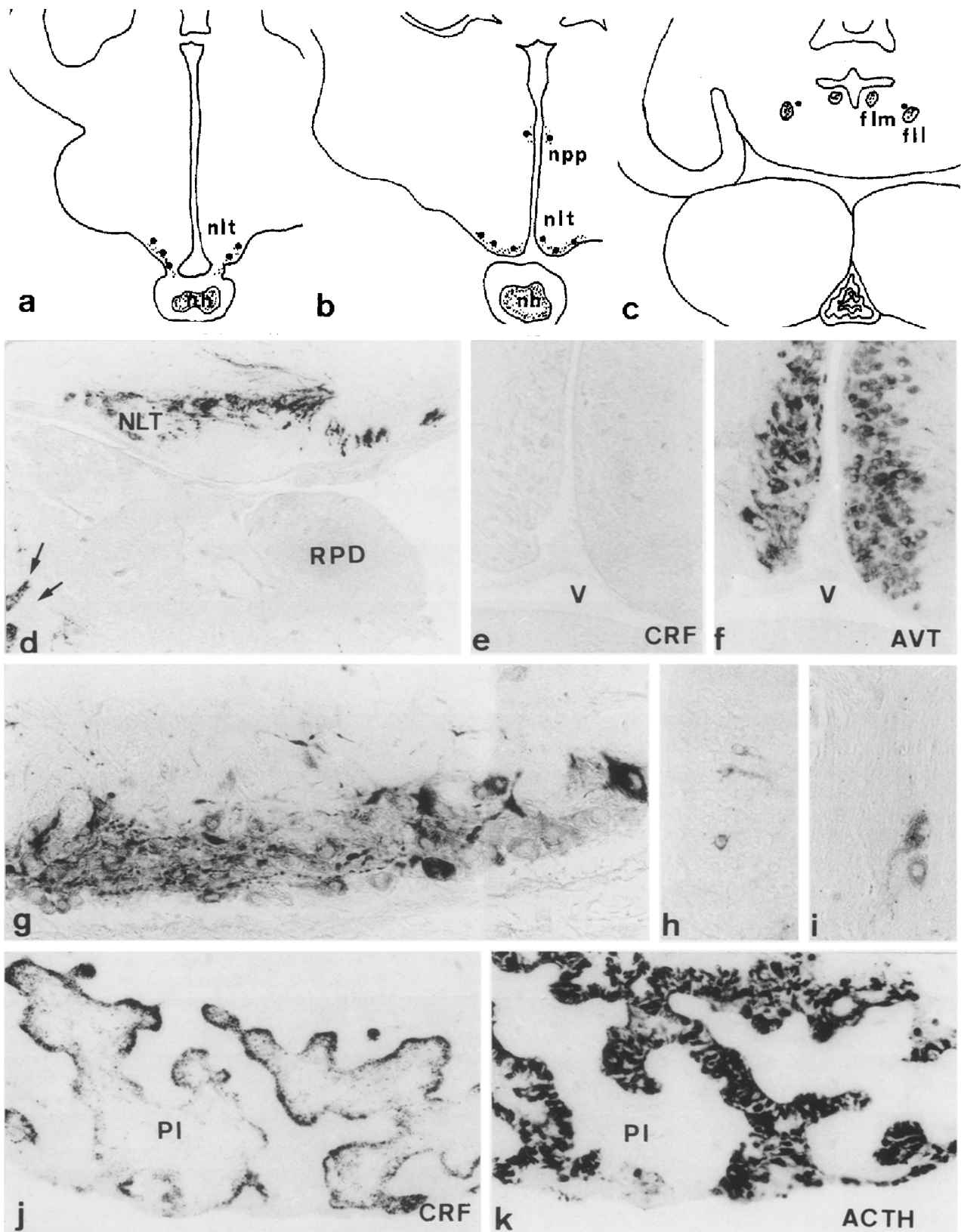
Corticotropin-releasing factor (CRF), a 41-amino-acid peptide, was first isolated and characterized from ovine hypothalamus by Vale et al. (1981). This peptide stimulates the release of adrenocorticotropin (ACTH) and melanotropin (MSH) (Meunier et al. 1982; Sakly et al. 1982).

The hypothalamo-infundibular CRF system has been studied immunocytochemically in mammals (Bugnon et al. 1982; Merchenthaler et al. 1982; Kawata et al. 1983; Stolp et al. 1987), birds (Péczeli and Antoni 1984; Bons et al. 1988; Ball et al. 1989), reptiles (Mancera et al. 1991; López Avalos et al. 1993), and amphibians (Tonon

et al. 1985; Olivereau et al. 1987). A peptide immunoreactive to CRF antisera has also been found in the brain and hypophysis of teleosts (Bugnon et al. 1983; Olivereau et al. 1984; Yulis et al. 1986; Yulis and Lederis 1987; Olivereau and Olivereau 1988), ganoids (Belenky et al. 1985), and elasmobranchs (Vallarino et al. 1989). In general, CRF neurons have been localized in the preoptic region in fish; these neurons project axons to the neurohypophysis near ACTH and MSH cells. Since teleosts represent a diverse group of vertebrates, and the distributional patterns of their central nervous peptide systems display considerable variation, we have studied the CRF system of *Sparus aurata*.

### Materials and methods

Seven juvenile gilthead sea bream *Sparus aurata* (about 100–150 g body weight) were used. The specimens were obtained from sea water (980 mOsm/kg) and were kindly supplied by the fish culturing center El Toruño (PEMARES), El Puerto de Santa María, Cádiz, Spain. Fish were anesthetized with aminobenzoic acid (MS 222; Sigma Madrid) dissolved in the ambient water (0.065 g/l) and killed by decapitation. The brains were dissected and placed in Bouin's fluid for 48 h; they were then dehydrated and embedded in paraffin. Sagittal and transverse sections (8 µm thick) were immunostained according to the unlabeled enzyme method of Sternberger (1986) using the following primary antisera: anti-rat CRF (1:500) from E.M. Rodríguez, Valdivia, Chile, anti-human ACTH (1:1500) from Peninsula Laboratory, Calif., and anti-arginine vasotocin (AVT) from R.M. Buijs, Amsterdam, Holland. All sections were incubated for 18 h at 22° C in the primary antisera, and for 30 min at 22° C in the second antiserum (anti-rabbit IgG developed in goat, 1:10), and in the PAP complex (1:75) (Sigma). DAB was used to reveal the peroxidase. All antisera and the PAP complex were diluted in 0.05 M TRIS buffer, pH 7.8, containing 0.7% non-gelling seaweed gelatin, lambda carrageenan (Sigma), 0.5% Triton X-100 (Sigma), and 0.02% sodium azide. Coplin jars were used for incubation in the first and the second antisera, whereas the PAP incubation was carried out in a moist chamber. The specificity of the anti-rat CRF was tested by immunosorption with rat CRF (Mancera et al. 1991). Immunoabsorbed anti-CRF stained no structures in sections of the sea bream brain. Anti-AVT serum was previously tested by Fernández-LLebrez et al. (1988). In order to control the immunoreactive procedure, contig-



**Fig. 1.** a-c Schematic drawings of transverse sections through the brain of *S. aurata* showing the localization of CRF-immunoreactive perikarya (dark circles) and fibers (dots). *flm* Fasciculus longitudinalis lateralis; *flm* fasciculus longitudinalis medialis; *nh* neurohypophysis; *nlt* nucleus lateralis tuberis; *npp* nucleus preopticus periventricularis. **d** Sagittal section through the diencephalic floor and hypophysis. CRF<sup>+</sup> cells and fibers are abundant in the nucleus lateralis tuberis (NLT). In the neurohypophysis, CRF<sup>+</sup> fibers lie near the pars intermedia (arrows). The rostral pars distalis (RPD) is devoid of immunoreactive fibers.  $\times 135$ . **e, f** Adjacent transverse

sections through the nucleus preopticus immunostained with antisera against CRF and AVT, respectively. *V* Third ventricle.  $\times 125$ . **g** Sagittal section of the nucleus lateralis tuberis showing many CRF-immunoreactive cells and fibers.  $\times 280$ . **h** CRF-immunoreactive perikarya in the nucleus preopticus periventricularis.  $\times 430$ . **i** CRF-immunoreactive neurons in the mesencephalic tegmentum.  $\times 300$ . **j, k** Adjacent transverse sections through the neurointermediate lobe of the hypophysis immunostained with antisera against CRF and ACTH, respectively. CRF fibers end near the cells of the pars intermedia (PI).  $\times 135$

ous sections were immunostained, omitting the incubation in the primary antisera. No positive structures were found in control sections.

## Results and discussion

The distribution of CRF-immunoreactive (-IR) perikarya and fibers in transverse sections of the brain of *S. aurata* is presented schematically in Fig. 1a–c. A conspicuous group of CRF-IR perikarya is present in the nucleus lateralis tuberis (NLT) (Fig. 1d, g). No immunoreactivity is however seen in the nucleus preopticus (NPO) (Fig. 1e), where most neurons appear to be immunoreactive to the anti-AVT serum (Fig. 1f). The CRF-IR neurons are large and display round, fusiform or pear-shaped perikarya. In addition a few, small, weakly immunoreactive neurons can be seen in the nucleus preopticus periventricularis (NPP) (Fig. 1h) and in the mesencephalic tegmentum, in an area between the fasciculi longitudinales medialis and lateralis (Fig. 1i).

A conspicuous bundle of CRF-IR fibers is present along the hypothalamic floor, the pituitary stalk, and the neural region of the neurointermediate hypophysial lobe. Here, nerve endings outline the palisade region close to the cells of the intermediate lobe that stain with the anti-human ACTH serum (Fig. 1j, k). No CRF-IR fibers have been found in the rostral pars distalis of the adenohypophysis (RPD) (Fig. 1d).

The anti-rat CRF serum strongly stains cells and fibers in the brain of *S. aurata*. Since immunoreactivity is abolished by preincubation of the antiserum with CRF, it is likely that, as in other teleost species, a CRF-like peptide exists in the brain of *S. aurata*.

CRF-IR neurons have previously been reported in the NPO and NLT of teleost fishes (Bugnon et al. 1983; Olivereau et al. 1984; Yulis et al. 1986; Yulis and Lederis 1987; Olivereau and Olivereau 1988). Unlike all other teleosts studied, CRF is absent from the NPO in *S. aurata*; thus, the NLT is the only CRF neuronal group projecting to the pituitary.

In other teleost species, the NPO has been reported to be the main source of CRF fibers innervating the hypophysial RPD, where they presumably control the release of ACTH (Bugnon et al. 1983; Olivereau et al. 1984; Olivereau and Olivereau 1988). However, in *Catostomus commersoni*, the fibers innervating RPD arise from the NLT, whereas the NPO innervates the neurointermediate lobe (Yulis and Lederis 1987). In *S. aurata*, the CRF cells of the NLT seem to innervate the neurointermediate lobe, whereas the RPD receives no CRF fibers. Since the main population of ACTH cells in the adenohypophysis of the sea bream is located in the RPD (Quesada et al. 1988), the following possibilities can be considered: (1) CRF is not a releasing factor for ACTH in *S. aurata* or (2) CRF reaches the RPD via blood vessels or in a paracrine fashion. Another possibility is that the intermediate lobe cells of *S. aurata* contain ACTH in addition to MSH.

In mammals, CRF stimulates the release of ACTH,  $\beta$ -endorphin, and MSH (Vale et al. 1981; Meunier et al.

1982; Sakly et al. 1982). In fishes, morphological studies have revealed a coordinated response of ACTH and MSH cells (Olivereau 1972) and physiological studies have suggested that CRF controls the release of MSH (Lederis 1987). We have reported that, in *S. aurata*, adaptation to brackish water induces hyperactivity of ACTH cells and increased levels of plasma cortisol together with the stimulation of MSH cells (Mancera et al. 1993a, b). These observations together with the present results indicate that, as for mammals and other teleosts (Holmes and Ball 1974), CRF may be a releasing factor for MSH cells of the intermediate lobe in *S. aurata*.

The presence of CRF-IR cells in the NPP has also been reported in other teleosts (Olivereau and Olivereau 1988). Its occurrence in extrahypothalamic regions suggests that it could act as a central neurotransmitter.

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